The Fallibroome Academy

a place for excellence

Year 10 – Pastoral Support Sept 2026

Mr Smalley: Assistant Headteacher Pastoral Care 11-16

Key personnel

- Form Tutor, Head of Year Mr Gibb, subject staff
- Pastoral Assistant for Yr 10 (non teaching)- Miss Goodwin/ Ms Flannagan
- Careers adviser- Tina Ross
- School Health (NHS)
- School Counsellor service
- Pastoral Office

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HOW TO HELP

- Ask subject staff if you are unsure
- Keep your child's tutor/ HOY informed of any changes which might affect your child's study
- Use email/ phone to communicate with staff whenever a concern arises
- PREVENTION IS BETTER THAN CURE
- Strike a balance- all work and no play....
- Mental health....

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Diet – exercise – sleep (DES) = Good mental health

Sleep – Yr 10 bedtime (by 10.30pm?)

Off phones before sleep time

Phones with parents (not child)

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School Counsellor

- External service- SWANS
- Students/ Parents request School Counsellor service
- Email Mr Gibb/ Miss Goodwin if interested
- Waiting times

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Last year in Yrs. 10 and 11, there were a number of students with a range of issues requiring support including: -

- **eating disorders**
- **depression**
- **self-harming**
- **vaping**
- **drug use**

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Children achieve more when schools and parents work together. Parents can help more effectively when they know what the school is trying to achieve and how they can help.

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